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# Oxford Nutrition

## The Oxford Eagle

**Add a copy of The Oxford Eagle to your order. There is no additional delivery fee for this add on, but it can only only be delivered as a part of an order.**

The Oxford Eagle, per copy \$2.25

*The Oxford Eagle has a new edition each Wednesday and Saturday.*

## SPECIAL TEAS

**32oz; Energizing, Metabolism Boosting**

Rebelade	\$8.80
Vaught	\$8.80
Tropical Sunrise	\$11.00
Sweet Tart	\$11.00
Sunrise	\$8.80
Strawberry Mimosa	\$9.90
Strawberry Lemonade	\$8.80
Skittles Tropical	\$8.80
Skittles	\$8.80
Rebel Rush	\$7.70
Premium Hydration Tea	\$8.80
Pom Tea	\$7.70
Pink Starburst	\$9.90
Peachy Sunrise	\$9.90
Orange Theory	\$12.10
Orange Crush	\$7.70
Nancy's Fancy	\$11.00
Morning After	\$14.30
Mangonada	\$13.20
<i>Includes Tajin &amp; chamoy</i>	
Limeberry Kick	\$11.00
Lemon Drop	\$11.00
Gym	\$14.30
Cranberry Limeade	\$7.70
Chillax	\$9.90
Bikini Bomb Peach Mango	\$13.20
Bikini Bomb Wild Berry	\$13.20
Beach Vibe	\$11.00
Barbie Girl	\$9.90

## VEGAN -RICE & PEA PROTEIN

SWEET PEANUT BUTTER	\$8.80
<i>Gluten free</i>	
CINNAMON PRETZEL	\$8.80
<i>Gluten Free</i>	
NATURAL VANILLA	\$8.80
<i>Gluten free</i>	
LEMON WAFER	\$8.80
<i>Gluten Free</i>	

## Bikini Bombs

**Fat burning drinks with c platen, energy, and protein. Healthy snack option**

Level 3 peach mango bomb \$13.20

Level 3 wild berry bomb \$13.20

## **Regular Size Tea**

**20 oz; 5 calories; 85 mg caffeine;  
Energizing, boosts metabolism and  
burns calories; CHOICE OF HERBAL  
OR GREEN TEA; CHOICE OF  
FLAVORS**

Regular Tea \$6.60  
*CHOICE OF: 1 Tea + 1 Aloe +  
Liftoff; 20oz*

## **TEA Extras**

ALOE \$1.10  
*CHOICE OF FLAVORS; supports  
healthy digestion and nutrient  
absorption*

COLLAGEN BEAUTY \$3.30  
BOOSTER  
*supports strong nails, healthy hair,  
and skin*

FAT BURNER \$4.40  
*helps control hunger and reduce  
body fat*

NITWORKS \$3.30  
*nitric oxide booster, supports  
healthy function of heart & brain*

IMMUNE BOOSTER \$3.30  
*Vitamin C, zinc, and Echinacea,  
supports immune health*

PRE-WORKOUT \$4.40  
*promotes healthy blood flow and  
nutrient delivery to muscles*

## **TOP 10 SHAKES**

**200-250 calories; 24g of protein; 21  
vitamins and minerals**

BANANA NUT BREAD \$8.80  
*GLUTEN FREE*

BIRTHDAY CAKE \$8.80  
*GLUTEN FREE*

BLUEBERRY MUFFIN \$8.80  
*GLUTEN FREE*

CARAMEL LATTE \$8.80  
*GLUTEN FREE*

ELVIS \$8.80

MINT CHOCOLATE CHIP \$8.80

OATMEAL COOKIE \$8.80

PEANUT BUTTER PANCAKE \$8.80

REESE'S \$8.80  
*GLUTEN FREE*

S'MORES \$8.80

## **CHOCOLATE SHAKES**

**200-250 calories; 24g of protein; 21  
vitamins and minerals**

BROWNIE BATTER \$8.80

BUTTERFINGER \$8.80

CHOCOLATE COVERED \$8.80

STRAWBERRY

COOKIES 'N' CREAM \$8.80

FUDGESICLE \$8.80

ORANGE TOOTSIE POP \$8.80

SNICKERS \$8.80

THIN MINT \$8.80

## **VANILLA SHAKES**

**200-250 calories; 24g of protein; 21  
vitamins and minerals**

WEDDING CAKE \$8.80  
*Gluten free*

COOKIES N CREAM \$8.80  
*Gluten free*

BIRTHDAY CAKE \$8.80  
*GLUTEN FREE*

CARAMEL APPLE PIE \$8.80  
*GLUTEN FREE*

CINNAMON ROLL	\$8.80
CINNAMON TOAST CRUNCH	\$8.80
<i>GLUTEN FREE</i>	
DULCE DE LECHE	\$8.80
<i>GLUTEN FREE</i>	
PECAN PIE	\$8.80
<i>GLUTEN FREE</i>	
SALTED CARAMEL	\$8.80
<i>GLUTEN FREE</i>	
SNICKERDOODLE	\$8.80
SUGAR COOKIE	\$8.80
TURTLE CHEESECAKE	\$8.80
<i>GLUTEN FREE</i>	
WHITE CHOCOLATE SNICKERS	\$8.80

## **PEANUT BUTTER SHAKES**

**200-250 calories; 24g of protein; 21  
vitamins and minerals**

ELVIS	\$8.80
NO BAKE COOKIE	\$8.80
NUTTER BUTTER	\$8.80
PB & J	\$8.80
<i>GLUTEN FREE</i>	
PEANUT BRITTLE	\$8.80
<i>GLUTEN FREE</i>	
PEANUT BUTTER BANANA	\$8.80
<i>GLUTEN FREE</i>	
PEANUT BUTTER PIE	\$8.80

## **FRUITY SHAKES**

**200-250 calories; 24g of protein; 21  
vitamins and minerals**

BAHAMA BREEZE	\$8.80
<i>GLUTEN FREE</i>	
BANANA CARAMEL	\$8.80
<i>GLUTEN FREE</i>	
CAPTAIN CRUNCH	\$8.80
<i>GLUTEN FREE</i>	
FRUITY PEBBLES	\$8.80
<i>GLUTEN FREE</i>	
ORANGE DREAMSICLE	\$8.80
<i>GLUTEN FREE</i>	
PINA COLADA	\$8.80
<i>GLUTEN FREE</i>	
STRAWBERRY BANANA	\$8.80
<i>GLUTEN FREE</i>	
STRAWBERRY CHEESECAKE	\$8.80
<i>GLUTEN FREE</i>	
STRAWBERRY ORANGE REFRESHER	\$8.80
<i>GLUTEN FREE</i>	
STRAWBERRY SCONE	\$8.80
<i>GLUTEN FREE</i>	

## **COFFEE LOVERS' SHAKES**

**200-250 calories; 24g of protein; 21  
vitamins and minerals**

COFFEE CAKE	\$8.80
<i>Gluten free</i>	
CARAMEL FRAP SWIRL	\$12.10
WHITE CHOCOLATE MOCHA	\$8.80
<i>Gluten Free</i>	
CARAMEL MOCHA	\$8.80
CAFE LATTE	\$8.80
<i>GLUTEN FREE</i>	
CAFE MOCHA	\$8.80
CARAMEL LATTE	\$8.80
<i>GLUTEN FREE</i>	

## **SHAKE BOOSTERS & UPGRADES**

BEVERAGE MIX	\$2.20
<i>15g protein; 70 calories</i>	
COLLAGEN BEAUTY	\$3.30

## BOOSTER

*supports strong nails, healthy hair,  
and skin*

- EXTRA FIBER \$1.10  
*5g fiber; 15 calories; supports  
regularity*
- EXTRA PROTEIN \$2.20  
*7.5g protein; 55 calories; helps  
satisfy hunger and maintain lean  
muscle mass*
- FAT BURNER \$4.40  
*helps control hunger and reduce  
body fat*
- IMMUNE BOOSTER \$3.30  
*Vitamin C, Zinc, and Echinecea;  
supports immune health*
- LIFTOFF \$3.30  
*CHOICE OF FLAVOR; 15 calories;  
75mg caffeine; supports brain  
function; increases metabolism*
- NITWORKS \$3.30  
*Nitric oxide booster; supports  
healthy function of heart and brain*
- PROBIOTIC \$2.20  
*supports gut and digestive health*
- WHEY \$2.20  
*24g protein; 190 calories; helps  
rebuild fatigued muscles*

## COMBOS

### 1--PICK A SHAKE 2--PICK TEA LEVEL

- LEVEL 1 COMBO (1 TEA AND 1 SHAKE) \$12.10  
*Meal Replacement Shake & Level  
1 Tea*
- LEVEL 2 COMBO: BOOSTER \$14.30  
(1 TEA AND 1 SHAKE)  
*Meal Replacement Shake & Level  
2 Tea*
- LEVEL 2 COMBO: LIFTOFF \$14.30  
(1 TEA AND 1 SHAKE)  
*Meal Replacement Shake & Level  
2 Tea*
- LEVEL 3 COMBO (1 TEA AND 1 SHAKE) \$17.60  
*Meal Replacement Shake & Level  
3 Tea*
- FUN SIZE COMBO: BOOSTER \$8.80  
(1 TEA AND 1 SHAKE)  
*Half Size Shake & 1 Tea + 1  
Booster*
- FUN SIZE COMBO: LIFTOFF \$8.80  
(1 TEA AND 1 SHAKE)  
*Half Size Shake & 1 Tea + 1 Liftoff*
- PRE-WORKOUT COMBO (1 TEA AND 1 SHAKE) \$8.80  
*Half Size Shake & Pre-Workout  
Tea*
- POST WORKOUT COMBO (1 TEA AND 1 SHAKE) \$15.40  
*Rebuild Shake & Electrolytes  
(CR7) Sport Drink with Aloe*

## SNACKS

- 24 ACHIEVE PROTEIN BAR \$4.40  
*20g protein; 230 calories; 4g sugar*
- DELUXE PROTEIN BAR \$2.20  
*10g protein; 14 calories*
- EXPRESS MEAL BAR \$4.40  
*15g protein; 200 calories; 5g fiber;  
21 vitamins & minerals*
- PROTEIN BITES (2) \$2.20  
*4g protein; 60 calories each*

## OTHER DRINKS

- ALOE WATER \$4.40  
*CHOICE OF FLAVORS; 0 calories;  
supports healthy digestion and  
nutrient absorption*
- ELECTROLYTES (CR7) \$3.30

**SPORTS DRINK**

*supports hydration, enhances  
metabolism*

**ICED COFFEE** \$6.60

*CHOICE of house blend or Mocha;  
15g protein; 100 calories; 80mg  
caffeine; 2g sugar*

**PRE-WORKOUT TEA** \$4.40

*100mg caffeine; 70 calories;  
promotes healthy blood flow and  
nutrient delivery to muscles*